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FISHGUARD AND GOODWICK URBAN DISTRICT COUNCIL

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

and the

PUBLIC HEALTH INSPECTOR

for the

YEAR

1962

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PREFACE TO THE REPORT

District Health Office,
County Health Department,
Merlins Hill,
HAVERFORDWEST.
July, 1963.

To: The Chairman and Members of
The Fishguard and Goodwick Urban
District Council

Mr. Chairman, Ladies and Gentlemen,

I have pleasure in presenting the Annual Report for the Year 1962. Details will be found in the body of the Report. The main items are summarised as follows :-

Population
For the third successive year there has been a small increase in the estimated population of the District. The population, however, only shows an increase of 5½% since 1947, a period of sixteen years.

Births
The Birth Rate again showed a decrease over the preceding year, and is considerably lower than the national rate.

The number of Stillbirths (2) was more than 1961, and the number of Illegitimate Births (2) was less. The statistics for both these are reasonably satisfactory.

Deaths and Mortality
The General Death Rate showed an appreciable fall over the preceding year, but is still slightly higher than the National Rate.

The number of deaths attributed to Cancer was the lowest over the past sixteen years, and much less than 1961.

There was only one death in Infants, and none attributed to Tuberculosis.

There was, however, a considerable increase in the number of accidental deaths, mainly due to home and road accidents.

Infectious Diseases
There were no Infectious Diseases notified in the District for the year 1962.

Environmental Hygiene
There have been persistent complaints from certain parts of the District, particularly the Harbour Village area, regarding shortage of water. There is no doubt the water supply position is unsatisfactory. The attention of the Pembrokeshire Water Board and British Railways has been drawn to the prevailing conditions.

Trouble was experienced with fly infestation on the Goodwick Tip during 1962. If, as agreed, two or three routine disinfestations are carried out during the Summer, the position should be alleviated.

Sewage disposal remains as before i.e. discharge of crude sewage into tidal waters. This, of course, is common to many coastal areas in the Country. Nuisance does arise at certain times when climatic conditions are unfavourable. There is also a potential danger to public health.

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The Council Housing Programme has substantially met the housing need in the District. There are, however, still a considerable number of low category dwellings. These can be dealt with by slum clearance and/or Improvement Grants.

The control of the hygienic standard of milk and water, by routine bacteriological sampling has passed to other Authorities. It is hoped that the effort made by your Council and Staff to raise these commodities to a high standard will be maintained.

Conclusion :

I wish to thank the Public Health Inspector for his prompt attention to public health matters, and efficient day to day running of the Department. Also, the other Members of the Staff, and of the Council, for their continued courtesy and co-operation.

I remain,
Your obedient Servant,

W.J.Y. SPEEDY,

Medical Officer of Health.

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W.J.Y. STEENY,

Medical Officer of Health.

CONSTITUTION OF COMMITTEES 1962-1963

Chairman of the Council : Councillor E. A. Thomas, J.P.

Vice Chairman of the Council : Councillor A. T. Winchester.

Public Health Committee:- :

Chairman	:	Councillor Carey M. George.
Members	:	Councillor D. S. Evans, J.P.
		" S. Thomas.
		" G. Ll. Williams.
		" R.C. Warburton, B.Sc.
		" Mrs. B.M. Timothy, J.P.
		" F.T. Morgan.
		" J. Owen Richards.
		" E. A. Thomas, J.P.
		" A. T. Winchester.

Housing Committee :-

Chairman	:	Councillor R. Jamieson.
Members	:	" D. S. Evans, J.P.
		" S. Thomas.
		" Mrs. B.M. Timothy, J.P.
		" Derek Sayer.
		" J. Owen Richards.
		" Miss D. Davies Evans.
		" V. Barrah.
		" E. A. Thomas, J.P.
		" A. T. Winchester.

Public Works Committee :-

Chairman	:	Councillor M. D. Lake.
Members	:	Councillor Carey M. George.
		" G. Ll. Williams.
		" R.C. Warburton, B.Sc.
		" F.T. Morgan.
		" G. H. Thomas.
		" Richard Williams, M.M.
		" Rev. E. Rowe-Griffith, HCF.
		" E. A. Thomas, J.P.
		" A. T. Winchester.

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Members : " D. S. Evans, J.P.
" S. Thomas.
" Mrs. R.M. Timothy, J.P.
" Derek Sayer.
" J. Owen Richards.
" Miss D. Davies Evans.
" V. Barrett.
" E. A. Thomas, J.P.
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Chairman : Councillor K. D. Lake.
Members : Councillor Carey M. George.
" C. LL. Williams.
" R.C. Warburton, B.Sc.
" P.T. Morgan.
" C. H. Thomas.
" Richard Williams, M.M.
" Rev. E. Rowe-Griffith, MCF.
" E. A. Thomas, J.P.
" A. T. Winchester.

OFFICERS OF THE COUNCIL 1962-1963

		Date of Appointment
Clerk	J. Hywel Evans	1. 10. 27.
Surveyor	H. S. Biggs, A.R.I.C.S., A.M.Inst.H.E.	1. 10. 50.
Water Engineer	T. R. Thomas, M.Inst.B.E.	27. 5. 40.
Public Health Inspector	Owen L. Thomas, M.S.I.A.	1. 6. 55.
Medical Officer of Health	W.J.Y. Speedy, M.B., B.Ch., L.R.C.P. &S; L.R.F.P. &S; D.P.H.	1. 10. 47.

All Departments of the Council : The Town Hall,
Fishguard.
Telephone : Fishguard 2247.

Medical Officer of Health : District Health Office,
County Health Department,
Merlins Hill,
Haverfordwest.
Telephone : Haverfordwest 3345.

PART I

VITAL STATISTICS

AND

EPIDEMIOLOGY

SUMMARY OF VITAL STATISTICS, 1962

General Birth Rate	11.0/1000 population
General Death Rate	12.5/1000 population
Cancer Death Rate	1.4/1000 population
Tuberculosis Death Rate	Nil
Infant Mortality Rate	18.4/1000 Live Births

POPULATION TABLE

Year	Population	Natural Increase
1947	4,600	32
1948	4,773	14
1949	4,775	13
1950	4,827	- 6
1951	4,827	0
1952	4,879	21
1953	4,826	20
1954	4,880	- 1
1955	4,860	- 3
1956	4,810	- 10
1957	4,770	3
1958	4,760	2
1959	4,770	- 11
1960	4,740	6
1961	4,850	- 7
1962	4,880	- 7

BIRTHS AND BIRTH RATES

Classification

	Legitimate			Illegitimate	Total
	Male	Female	Total		
Live Births	25	27	52	2	54
Still Births	1	1	2	-	2

Birth Rates

General Birth Rate for District 1962 = 11,0/1000 population

General Birth Rate Pembrokeshire 1962 = 17.9/ " "

General Birth Rate England and Wales 1962 = 18.0/ " "

Comparative Table of Births

Year	Birth Rate	No. of Stillbirths	No. of Illegitimate Births
1947 ...	20.9 ...	3 ...	4
1948 ...	15.9 ...	0 ...	0
1949	16.7 ...	3 ...	1
1950 ...	14.5 ...	3 ...	4
1951 ...	13.9 ...	3 ...	1
1952 ...	14.8 ...	6 ...	4
1953 ...	13.9 ...	1 ...	2
1954 ...	14.3 ...	2 ...	2
1955 ...	17.6 ...	5 ...	1
1956 ...	13.4 ...	1 ...	2
1957 ...	16.0 ...	0 ...	2
1958 ...	13.6 ...	4 ...	1
1959 ...	13.2 ...	1 ...	0
1960 ...	15.0 ...	2 ...	2
1961 ...	13.6 ...	1 ...	3
1962 ...	11.0 ...	2 ...	2

DEATHS AND DEATH RATES

Classification	Male	Female	Total
Diseases of Heart and Circulatory System	14	11	25
Diseases of the Brain and Nervous System	3	8	11
Cancer (all forms)	5	2	7
Violent and Accidental Deaths	3	3	6
Diseases of the Respiratory System	5	-	5
Diseases of the Digestive System	3	0	3
Diabetis	0	1	1
Miscellaneous	0	3	3
	33	28	61

82% of deaths in age-group 70+ years.

Death Rates

General Death Rate for District 1962 = 12.5/1000 population
General Death Rate Pembrokeshire 1962 = 13.4/ " "
General Death England & Wales, 1962 = 11.9/ " "

Cancer Mortality
Classification

	Male	Female	Total
Abdominal	4	-	4
Respiratory	1	-	1
Others	-	2	2
	5	2	7

Death Rate

Cancer Death Rate for District 1962 = 1.4/1000 population
Cancer Death Rate England & Wales 1962 = 2.2/ " "

Infant Mortality

One Female - Prematurity = 0-4 weeks.

Infant Mortality Rate for District 1962 = 18.4/1000 Live Birhts
Infant Mortality Rate England & Wales 1962= 21.4/1000 Live Birhts

Violent and Accidental Deaths
Classification

	Male	Female	Total
Road Accidents	1	-	1
Home Accidents	-	3	3
Suicide	1	-	1
Others	1	-	1
	3	3	6

Tuberculosis Mortality

Nil for 1962.

COMPARATIVE MORTALITY TABLE

Year	Death Rate	Infant Deaths	Cancer Deaths	Accidental Deaths	Tuberculosis Deaths
1947	13.9	7	8	4	3
1948	12.9	3	13	2	1
1949	14.0	5	13	2	2
1950	15.7	2	13	0	2
1951	13.9	2	8	2	1
1952	10.4	1	9	0	0
1953	9.7	0	10	2	0
1954	14.5	0	9	2	2
1955	16.3	0	12	4	0
1956	14.7	0	11	0	0
1957	14.3	2	9	0	0
1958	13.2	1	12	1	0
1959	15.2	2	11	2	0
1960	11.5	1	9	3	0
1961	15.2	3	12	1	1
1962	12.5	1	7	6	0

Discussion on Vital Statistics

The Birth Rate for 1962 was the lowest over the past 16 years, and very much lower than the National Rate. The number of Still and Illegitimate Births remained small.

The Death Rate showed a considerable decrease over the previous year and is quite satisfactory considering the high percentage of persons in the age-group 70+ years.

There was a reduction in deaths due to Cancer and also in Infant Deaths. The number of accidental deaths, however, showed a considerable increase. Half of these were due to accidents in the Home.

There were no deaths attributable to Tuberculosis during the year.

INFECTIOUS DISEASES

There were no Infectious Diseases notified during the year

TUBERCULOSIS INCIDENCE TABLE

Year		Fresh Cases of Pulmonary Tuberculosis		Fresh Cases of Non-Pulmonary Tuberculosis
1947	...	5	...	1
1948	...	4	...	0
1949	...	4	...	2
1950	...	0	...	0
1951	...	5	...	0
1952	...	1	...	1
1953	...	2	...	0
1954	...	4	...	0
1955	...	2	...	0
1956	...	5	...	0
1957	...	1	...	0
1958	...	2	...	0
1959	...	3	...	0
1960	...	2	...	0
1961	...	1	...	0
1962	...	0	...	0

PART II

ENVIRONMENTAL

HYGIENE

AND

SANITATION

WATER SUPPLIES

The sources of water supply remain the same as last year, viz. the stream at Pontygotty and the storage reservoir at Glyngath. The water gravitates to the Filter House at Penwallis. Here the water is filtered and sterilized before passing into the service reservoir.

During the year, 26 samples of water were taken at consumer level and submitted to the Bacteriologist for examination.

The results were :-

Satisfactory	22
Doubtful	1
Unsatisfactory	3
	26

The average daily consumption is .... 250,000 gallons.

Number of new premises connected to the water mains	56
Number of services renewed	14

The Pembrokeshire Water Board was formed during the year, and the Fishguard and Goodwick Water Undertaking was taken over by the Board on the 1st October, 1962.

Milk Supplies

Both Pasteurised Milk and Raw Tuberculin Tested Milk is available throughout the Urban area.

There are 5 main Distributors of milk in the district. During the year, thirteen (13) samples of Milk were taken for bacteriological examination. The results were :-

Satisfactory	12
Unsatisfactory	1
	13

Seven (7) samples of milk were taken for Biological examination. The results were :-

Ring Test. Bru. Abortus	Nagative	-	5
	Positive	-	2
			7

The results of the Guinea Pig Inoculation showed :-

No evidence of Tuberculosis or Brucilla Abortus.

Ice Cream Supplies

There are 24 premises registered for the sale of Ice Cream.
There is One Ice Cream Factory in the area situated at Tower Hill, Fishguard. This is a small modern plant where a complete cold mix is manufactured and retailed at a few shops in the area.

Mobile vans also serve Ice Cream throughout the area.

During the year, thirty-seven (37) samples of Ice Cream were taken at Consumer level and submitted to the Bacteriologist for examination.

Grade I.	Highly Satisfactory	.....	37
II.	Satisfactory	.....	Nil
III.	Doubtful	.....	Nil
IV.	Unsatisfactory	.....	Nil
			37

Mineral Waters

There are no mineral water manufacturers in the district.

Bakehouses

There are three Bakehouses in the district where Bread, Cakes and Confectionery are made. All these have oil fired ovens and a satisfactory standard of cleanliness is maintained.

Butchers and Meat Purveyors

There are seven (7) Butchers Shops in the area where home killed and imported meat is sold. A limited quantity of sausages and minced meats are prepared.

There is no slaughterhouse in the area. All the meat sold in the district is slaughtered and dressed at the Public Abbatoir, Haverfordwest. The general quality of meat sold in the district is of a high standard and the standard of hygiene and cleanliness is satisfactory.

Catering Establishments

There are 15 establishments in the area apart from the licensed hotels where light meals are served. These places are mainly small family businesses and the standard of cleanliness maintained is at a satisfactory level.

Retail Food Stores

There are twenty-six (26) grocery and general food shops in the area. The majority of these establishments are family businesses with living quarters at the rear and above the shops. All are fitted with adequate toilet and washing facilities.

Food Control-Summary of Foods Condemned

The following preserved foods were condemned during the year :-

4 Tins of Cooked Ham
1 Tin of Ox Tongue
47.lbs. of Bacon
44 Tins of Meat
26 Tins of Fish
115 Tins of Fruit
106 Tins of Vegetables
8 Tins of Cream
27 Tins of Milk

All condemned foods are disposed of by burial on the Council's Refuse Tip.

Public Houses and Licensed Premises

There are eighteen (18) Licensed Premises and three (3) Registered Clubs in the area. These houses are small and the general standard of cleanliness maintained is satisfactory.

There are 3 Off Licensed Premises in the area.

Public Cleansing and Refuse Disposal

Household refuse is collected once weekly from all dwellinghouses in the area.

Trade refuse is collected weekly from the business premises and a nominal charge is made to the traders for this service. The main shopping centre is cleansed every day and streets off the shopping centre are subject to frequent sweeping. Litter baskets are placed at frequent intervals throughout the area.

All refuse is disposed of by tipping on moorland adjacent to Wern Road, Goodwick. Builders spoil, earth from excavations and spoil from the Brickworks is used as a surface dressing.

Public Conveniences

There are 5 (five) all purpose public conveniences in the area situated at :-

The Market Square, Fishguard.
The Car Park, Rear of West Street, Fishguard.
The Quay, Lower Fishguard.
The Promenade, Goodwick.
Quay Road, Goodwick.

The conveniences on The Quay, Lower Fishguard, and The Promenade, Goodwick, are closed during the winter months.

Sewage Disposal

The majority of houses in Fishguard and Goodwick are connected to the sewer system.

Disposal is by the discharge of the crude sewage into the sea.

There are three main outfalls situated as follows :-

1. The Slade, Lower Fishguard.
2. Ogof Martha, Fishguard.
3. The Harbour, Goodwick.

Infectious Disease and Disinfection

Disinfection of premises is carried out after the termination of infectious disease or the removal of the patient to hospital.

Where necessary, a supply of the disinfectant is issued to the householder.

The Department was not called upon to disinfect any premises during the year.

Registered Premises

Premises registered for the Sale of Ice Cream	....	25
Premises registered for the Manufacture of Ice Cream	....	1
Catering Establishments	....	12
Bakehouses, Bread and Confectionery	....	3
Premises registered for manufacture of Butchers Smalls and Sausages	....	6

FACTORIES AND WORKSHOPS

Electrical Power	...	...	1
Marine, Iron and Metal Repairs	...	...	1
Marine Joinery	...	...	1
Electrical Repairs	...	...	3
Printing Works	...	...	1
Motor Repairs	...	...	7
Sawmills	...	...	2
Brickworks	...	...	1
Laundries	...	...	1
Ice Cream	...	...	1
Boot and Shoe Repairs	...	...	3
Carpenters and Woodworkers	...	...	7
Watch and Clock Repairs	...	...	2
Bakehouses	...	...	3
Monumental Masons	...	...	1

FACTORIES ACTS, 1937 and 1948

Prescribed Particulars on the Administration of the Factories Act, 1937

Part I of the Act

INSPECTIONS for purposes of provisions as to health (including inspections made by the Public Health Inspectors)

Premises	Number on Register	Number of		
		Inspections	Written Notices	Occupiers Prosecuted
(1)	(2)	(3)	(4)	(5)
(i) Factories in which Sections 1,2,3,4, and 6 are to be enforced by Local Authorities	16	22	Nil	Nil
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	19	19	Nil	Nil
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises)	-	-	-	-
Total	35	41	Nil	Nil

General Nuisances

During the year, 65 complaints were investigated and dealt with by Informal action.

Nuisances from accumulations	-	9
Abated after Informal action	-	9
Indiscriminate Tipping etc.	-	6
Abated after Informal action	-	6
Nuisances arising from cesspits requiring cleansing	-	2
Abated after Informal action	-	2
Nuisances from choked drains	-	27
Abated after Informal action	-	27
Nuisances arising from disrepair of dwellings	-	18
Abated after Informal action	-	18
Nuisances from the keeping of animals etc.	-	2
Abated after Informal action	-	2

Housing

Number of new Council Houses completed during the year	...	...	3
Number of Private Houses completed during the year	...	...	24
Number of Improvement Grants approved of during the year	...	...	19
Number of Loans approved during the year	...	...	14

Slum Clearance

Number of Houses demolished during the year	...	3
Number of Houses closed	...	Nil
Number of Families displaced	...	2
Number of Persons displaced	...	2

Council Housing Estates

Pre-War.	Wallis Crescent, Fishguard	...	9
	Heol-y-Felin, Goodwick	...	32
Post-War.	Maeshyfryd, Fishguard	...	129
	Stop and Call, Goodwick.	...	86
	Main Street, Goodwick	...	3

Council's Estimated Housing Programme for 1963 ... 26 bungalows.

Rodent and Pest Control

Disinfestation is carried out by a part-time operative. Thirty-eight (38) infestations of dwellings were dealt with during the year.

Private dwellings and shops are treated by the use of Warfarin with Oatmeal bait base.

The Sewers, Tip and Open Spaces are treated with Sausage Rusk and Bread Mash bait base with Zinc Phosphide and Arsenic Poisons in addition to the use of Warfarin, the pois ons being changed from time to time.

Cinemas

There is one Cinema in the area.

FISHGUARD HARBOUR

The names of the Ships and their Masters plying regularly from Fishguard and Eire, are :-

Fishguard/Rosslare	:	s.s. St. David	- Captain D.O. Griffiths.
		s.s. St. Andrew	- Captain H.H. Coney.
Fishguard/Waterford	:	s.s. Great Western	- Captain C. Blackmore.
Fishguard/Cork	:	M.V. Innisfallen	- Captain McVeigh.
			- Captain T. Hamilton.

District Marine Manager and Harbourmaster - Captain E.A. Bradshaw.

Station and Quay Superintendent - Mr. D. W. Gamble.

Surveyor of Customs - Mr. B. J. Morgan.

The number of passengers passing through the Port of Fishguard during 1962 was 258,500.
Number of Cars - 18,891.

The total tonnage of imports and Exports during the year was 107,759 tons, made up of the following :-

From Ireland : Chocolate Crumb; Peat Moss; Rough Paper; Tinned Meats; Milk Powder; Bacon; Fresh Meat; Beef and Pork; Leather; Wood; Hessian; Confectionery; Cream; Fish; Agricultural Machinery.

To Ireland : Iron and Steel; Knocked Down Motor Cars (Complete for reassembling); Wood; Bricks; Tinplate; Machinery; Agricultural Machinery; Manufactured Goods.

Livestock is still the main traffic from Ireland.

The following livestock was imported during the year :-

Cattle	-	20,757
Calves	-	989
Yearlings	-	1,926
Horses	-	1,449
Sheep	-	907
Pigs	-	1,537
Goats	-	2
Donkeys	-	342

The following animals, found to be injured or otherwise unfit to travel further, were slaughtered at the slaughterhouse attached to the Lairages :-

Cattle	-	73
Pigs	-	3
		76

Carcases found to be unfit for human consumption are disposed of through the Knackers Yards. Offals and small quantities of Bruised Meat are disposed of by burning in the Incinerator outside the Lairages.

During the year, the following were condemned as unfit for human consumption :-

Bovine Carcases and Offals complete	-	2
Sides of Beef	-	1
Hinds of Beef	-	1
Bruised Joints	-	144.lbs.
Bovine Heads	-	8
Bovine Livers	-	59
Bovine Lights	-	29
Pigs Plucks	-	2

Water Supplies

There is no change in the source of water supplies to the Port. Water is piped from the private reservoir in the Letterston area to the Filtration and Chlorination plant at The Harbour.

Samples of water are taken quarterly by the British Transport Commission Laboratory Staff, Swindon.

During the year, twelve (12) samples of water were taken and the results were :-

Satisfactory	....	5
Doubtful	....	2
Unsatisfactory	....	5
		12

Rodent Control of Harbour and Premises

The Rodent Operatives of the British Transport Commission make periodical inspections of the Harbour and Quay, warehouses and offices etc., and are always available to deal with any infestations which might occur.

Rodent Control of Ships

There are no facilities for deratting ships at Fishguard Harbour.

The Ships are periodically inspected for the presence of rodents or other pests, and where found to be free of pests, Rodent Control Certificates are issued.

During the year, six Rodent Control Certificates were issued.

Inspection of Ships

The Ships are inspected periodically and particular attention is paid to the galley and Crews quarters. Twenty-four (24) inspections of the ships were made during the year. A satisfactory standard of cleanliness was found to be maintained.

Refuse Disposal

Refuse from ships which can be disposed of by incineration is brought ashore and destroyed with the bedding etc., from the Lairages in the incinerator at Pebbly Beach.

Refuse which cannot be so disposed of, is kept on board and dumped overboard far enough out at sea so as to eliminate any risk of it being washed up on the beaches.

Sewage Disposal

There is no form of treatment of sewage. The crude sewage is discharged into the sea from an outfall at the Harbour extension.

SECTION II. SHIPPING ENTERING THE PORT DURING THE YEAR

Ships From	Number	Tonnage	Number Inspected		Number of Ships reporting Infectious Disease on Board
			Medical Officer	Port Health Inspector	
Foreign Ports	-	-	-	-	-
Coastwise	-	-	-	-	-
Eire	605	1631,867	-	24	Nil
TOTAL ::	605	1631,867	-	24	Nil

SECTION II. SHIPPING ENTERING THE PORT DURING THE YEAR

Ships From	Number	Tonnage	Number Inspected		Number of Ships reporting Infectious Disease on Board
			Medical Officer	Port Health Inspector	
Foreign Ports	-	-	-	-	-
Coastwise	-	-	-	-	-
Elsewhere	605	1631,867	-	24	Nil
TOTAL ::	605	1631,867	-	24	Nil

WELSH BOARD OF HEALTH.
RECEIVED
- 5 NOV 1963
A.